

What is claimed is:

1. A method for aiding an individual in the cessation of nicotine use, comprising:

administering to the individual a first homeopathic composition, the first homeopathic composition formulated to reduce nicotine craving by the individual; and

administering to the individual a second homeopathic composition, contemporaneously with administering the first homeopathic composition, the second homeopathic composition formulated to detoxify the individual of residual nicotine and nicotine byproducts.

2. The method of claim 1, wherein the first homeopathic composition is administered by a gum.

3. The method of claim 1, wherein the second homeopathic composition is administered by a chewable tablet.

4. The method of claim 1, wherein the first homeopathic composition comprises pharmaceutically effective amounts of *Caladium seguinum*, *Daphne indica*, *Plantago major*, *Cinchona officinalis*, *Lobelia inflata*, *Nux vomica*, *Staphysagria*, *Calcarea Phosphorica* and *Ignatia amara*.

5. The method of claim 1, wherein the second homeopathic composition comprises pharmaceutically effective amounts of *Avena sativa*, *Euphorbium officinarum*, *Ignatia amara*, *Lobelia inflata*, *Nux vomica* and *Passiflora incarnata*.

6. The method of claim 1, wherein the first homeopathic composition comprises *Caladium seguinum* 4X, 30X, *Daphne indica* 4X, *Plantago major* 4X, *Cinchona officinalis* 6X, *Lobelia inflata* 6X, 30X, *Nux vomica* 6X, *Staphysagria* 12X, *Calcarea Phosphorica* 12X and *Ignatia amara* 6X, 30X at homeopathically appropriate concentrations in a mixture of about equal parts.

7. The method of claim 1, wherein the second homeopathic composition comprises *Avena sativa* 6X, *Euphorbium officinarum* 6X, *Ignatia amara* 6X, *Lobelia inflata* 6X, 30X, *Nux vomica* 6X and *Passiflora incarnate* 6X at homeopathically appropriate concentrations in a mixture of about equal parts.

8. A homeopathic composition for treating nicotine use, comprising:
 - a pharmaceutically effective amount of *Caladium seguinum*;
 - a pharmaceutically effective amount of *Daphne indica*;
 - a pharmaceutically effective amount of *Plantago major*;
 - a pharmaceutically effective amount of *Cinchona officinalis*;
 - a pharmaceutically effective amount of *Lobelia inflata*;
 - a pharmaceutically effective amount of *Nux vomica*;
 - a pharmaceutically effective amount of *Staphysagria*;
 - a pharmaceutically effective amount of *Calcarea Phosphorica*; and
 - a pharmaceutically effective amount of *Ignatia amara*.
9. The homeopathic composition of claim 8, wherein the homeopathic composition is gum.
10. The homeopathic composition of claim 8, wherein the homeopathic composition comprises *Caladium seguinum* 4X, 30X, *Daphne indica* 4X, *Plantago major* 4X, *Cinchona officinalis* 6X, 30X, *Lobelia inflata* 6X, *Nux vomica* 6X, 30X, *Staphysagria*, *Calcarea Phosphorica* 12X and *Ignatia amara* 12X at homeopathically appropriate concentrations in a mixture of about equal parts.

11. A homeopathic composition for treating nicotine use, comprising:
 - a pharmaceutically effective amount of *Avena sativa*; ✓
 - a pharmaceutically effective amount of *Euphorbium officinarum*;
 - a pharmaceutically effective amount of *Ignatia amara*;
 - a pharmaceutically effective amount of *Lobelia inflata*;
 - a pharmaceutically effective amount of *Nux vomica*; and
 - a pharmaceutically effective amount of *Passiflora incarnate*.
12. The homeopathic composition of claim 11, wherein the homeopathic composition is a tablet.
13. The homeopathic composition of claim 11, wherein the homeopathic composition comprises *Avena sativa* 6X, *Euphorbium officinarum* 6X, *Ignatia amara* 12X, 30X, *Lobelia inflata* 6X, 30X, *Nux vomica* 6X, 30X and *Passiflora incarnate* 6X at homeopathically appropriate concentrations in a mixture of about equal parts.

14. A system for treating nicotine use comprising: ✓
a first homeopathic composition administered to reduce nicotine cravings in a nicotine user; and
a second homeopathic composition contemporaneously administered with the first homeopathic composition to detoxify the nicotine user.
15. The system of claim 14, wherein the first homeopathic composition is a gum.
16. The system of claim 14, wherein the second homeopathic composition is a chewable tablet.
17. The system of claim 14, wherein the first homeopathic composition comprises pharmaceutically effective amounts of *Caladium seguinum*, *Daphne indica*, *Plantago major*, *Cinchona officinalis*, *Lobelia inflata*, *Nux vomica*, *Staphysagria*, *Calcarea Phosphorica* and *Ignatia amara*.
18. The system of claim 14, wherein the second homeopathic composition comprises pharmaceutically effective amounts of *Avena sativa*, *Euphorbium officinarum*, *Ignatia amara*, *Lobelia inflata*, *Nux vomica* and *Passiflora incarnata*.
19. The system of claim 14, wherein the first homeopathic composition comprises *Caladium seguinum* 4X, 30X, *Daphne indica* 4X, *Plantago major* 4X, *Cinchona officinalis* 6X, 30X, *Lobelia inflata* 6X, *Nux vomica* 6X, 30X, *Staphysagria* 6X, *Calcarea Phosphorica* 12X and *Ignatia amara* 12X at homeopathically appropriate concentrations in a mixture of about equal parts.
20. The system of claim 14, wherein the second homeopathic composition comprises *Avena sativa* 6X, *Euphorbium officinarum* 6X, *Ignatia amara*

12X, 30X, Lobelia inflata 6X, 30X, Nux vomica 6X, 30X and Passiflora incarnata 6X at homeopathically appropriate concentrations in a mixture of about equal parts.